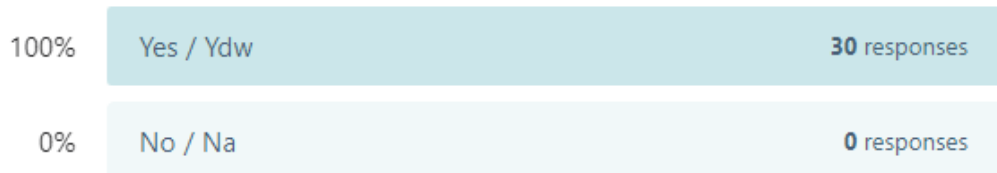


Cwmaman GI Project Year 1 – Engagement Feedback

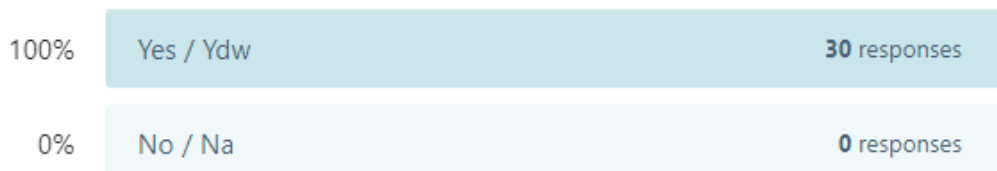
- ✓ 1 Has your involvement in the project allowed you to become more involved in the community? A yw eich rhan yn y prosiect wedi caniatáu ichi chwarae mwy o ran yn y gymuned?

30 out of 30 people answered this question



- ✓ 2 Has your involvement allowed you to develop an interest in "Green Infrastructure"? A yw eich cyfranogiad wedi caniatáu ichi ddatblygu diddordeb mewn "Seilwaith Gwyrdd"?

30 out of 30 people answered this question



- ☰ 3 Has the project given you an improved view of your local community? A yw'r prosiect wedi rhoi gwell golwg i chi o'ch cymuned leol? Has/will the project improved the community as a place to live? A yw'r prosiect wedi gwella'r gymuned fel lle i fyw ynddo? Please describe your experiences within the project. This may be as much or as little as you wish. Disgrifiwch eich profiadau yn y prosiect. Gall hyn fod cymaint neu gyn lleied ag y dymunwch.

29 out of 30 people answered this question

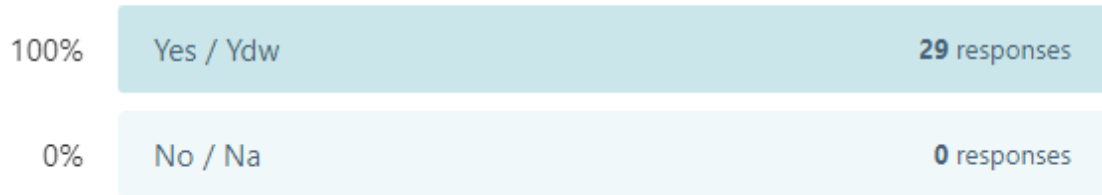
1. It is inspiring and feels good to be able to pop down and meet people and be active in woodcrafts and hopeful about the potential gardening project. All sorts of interesting community activities could sprout up including communal gardening and cooking and sharing, could be great for preventative health care and general Well being
2. Grate time with really good people. Thankyou Rob for helping me understand the machines and welding and for helping us get this project.
3. Improved mental health and physical activity, learning skills and meeting new people, all good for general wellbeing and improve the local area for all!
4. Great feeling at the get togethers. Great skills shared too.
5. I never realised how much our town Council was doing until getting involved in this project. The facilities and opportunities offered are unlike anything I've experienced at this level anywhere I've lived in England or Wales. Even more pleased I moved from the city now! Give me campfire tea over Starbucks any day. I hope the Councillors realise just how hard staff are working and how connected we now feel as a result. Keep it going. You're doing good things!
6. I like all the great plans the community has.
7. Yes. Yes. Unique project and chuffed to see such good work being done by our Council. Unlike many others in the valley and very different to my old council in Penarth.
8. Yes and yes. It's been a pleasure to meet locals and see our community through fresh eyes.
9. Yes

10. Really enjoyed meeting new people with a similar vision for community improvement and cohesion. Great to hear some fantastic ideas
11. The project has encouraged us to think of ways of improving and benefitting our community and protecting our outdoor spaces more
12. It has surprised me as to how much is going on behind the scenes. I have made new friends, gained useful skills and developed new interests that I would like to develop further. Beyond that I am inspired to put some of that energy and skill into working to improve the local and natural environment and the community at large. It has been a constructive and uplifting experience - we really need to get young people involved in this way!
13. Yes, the project has greatly improved my view of the local community. I moved to the area about a year ago, and was finding it hard to meet people and establish that sense of community that I was looking for. I wasn't sure if I was going to go to the first session, as I am quite shy in social situations and I thought that it might be awkward, but I am so glad that I did. Not only did I meet some lovely people, I was also introduced to five or six other projects in the area that I did not know of; I know this is the case for others in the group, too. A large proportion of the original group involved in the project has taken the initiative to continue the meetings, and we're looking forward to developing this. The project has certainly improved the community as a place to live. There are people from all sorts of backgrounds in the group - carers, parents of young children, parents of teenagers, those who were already active in the community, those with disabilities - and the group has brought us all together and allowed us to help each other, sharing skills, time and experience. This cohesion would probably not have happened without this group.
14. Gaining valuable knowledge of the woodland along with new skills with coppiced products.
15. Allowed me to meet people I wouldn't otherwise have met and learn new skills.
16. nice to be part of a team and meet more local people.
17. There's more of a sense of community
18. Yes
19. A great experience with brilliant people. Of course, it improved the community as there was nothing like it before. I've done things I haven't done since I was in the guides (a long time ago!) and it's been really good fun. Plus, we have made a step towards protecting the wonderful wildlife and nature we live in.
20. Made new friends, helped look after the local nature and let me see that others have the same interests. Suffering from anxiety and depression often makes large social activities really stressful. I'm not interested in sport and I'm a recovering alcoholic. Not much about b4 this activity started and I'm really thankful that it has. More of this kind of thing is needed so that everyone has somewhere to meet others. Being lonely is horrible and I really look forward to the activities we've been doing.
21. I've met new friends, discovering new places of nature in the community in the process. We have lived here for over 20 years and I think this is the best idea or project to happen in that time. The natural spaces in Cwmaman and the area around it are quite beautiful and it's about time more was made of them. I feel proud to live in such a beautiful part of the world and look forward to opening the eyes of friends and family to this. This project has definitely improved the community by creating friendships, allowing a new group to develop in a very short time and by motivating local people to take care of their environment. It's also allowed residents of all ages - babies up to us oldies - to share time and knowledge.
22. Meeting new people and learning new skills. Gaining confidence in new skills by applying them. Starting a momentum to be involved in planning and delivering future related projects
23. Yes
24. This can make a real impact on the locality.
25. Great avenue in to contributing to the community.
26. Yes. More involved.
27. Has made us aware of provisions available that we were unaware of. Has allowed us to get involved with community projects to help others and share our skills while learning new ones and meet others within the community.
28. Yes. Sharing resources and expertise is forging a stronger and more resilient community. I feel much more positive about the locality as I get to meet new people and get active in projects that help both myself and others.
29. So far, I have been given the opportunity to take part in free sessions with the Small Woods team where I have met new faces and learned new skills. I look forward to joining in with future projects in this community including art, gardening, conservation and skill building. I hope to encourage my children to get involved.

✓ 4

Has the project allowed you to access new services/activities? A yw'r prosiect wedi caniatáu ichi gyrchu gwasanaethau / gweithgareddau newydd?

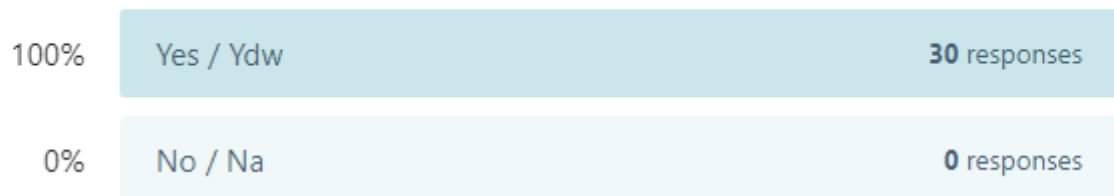
29 out of 30 people answered this question



✓ 5

Has the project allowed you to feel able to influence and be involved within activities within their community? A yw'r prosiect wedi caniatáu ichi deimlo eich bod yn gallu dylanwadu a chymryd rhan mewn gweithgareddau yn eu cymuned?

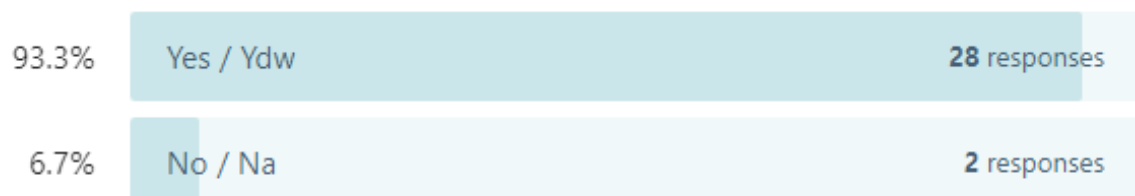
30 out of 30 people answered this question



✓ 6

Has the project allowed you to "feel involved in the decision-making process of activities" within your community? A yw'r prosiect wedi caniatáu ichi "deimlo eich bod yn rhan o'r broses benderfynu ar weithgareddau" yn eich cymuned?

30 out of 30 people answered this question

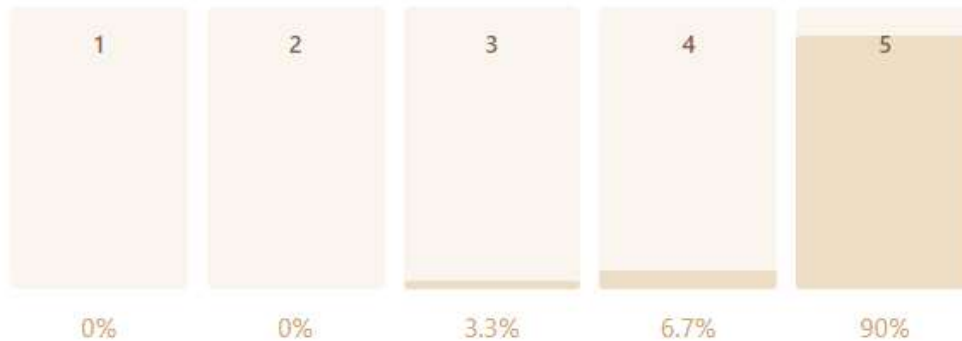


★ 7

On a scale of 1 to 5, how much do you agree with this statements: "I have developed new skills during the project"? Ar raddfa 1 i 5, faint ydych chi'n cytuno â'r datganiadau hyn: "Rwyf wedi datblygu sgiliau newydd yn ystod y prosiect"?

Avg. 4.9

30 out of 30 people answered this question

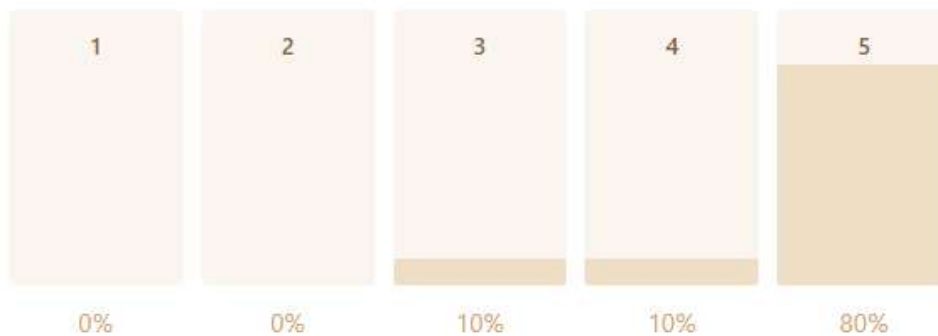


★ 8

On a scale of 1 to 5, how much do you agree with this statement: "I feel more able to make change happen in my community"? Ar raddfa o 1 i 5, faint ydych chi'n cytuno â'r datganiad hwn: "Rwy'n teimlo'n fwy abl i wneud i newid digwydd yn fy nghymuned"?

Avg. 4.7

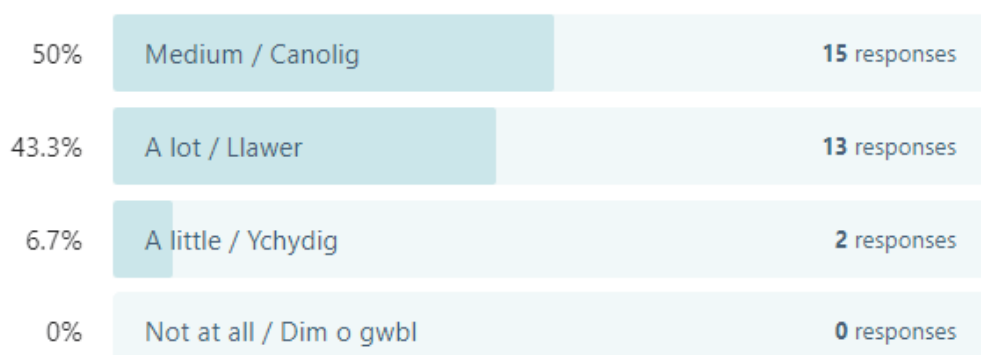
30 out of 30 people answered this question



✓ 9

Thinking of quality and not quantity, to what extent has the project allowed you to grow your social network within the community? Gan feddwl am ansawdd ac nid maint, i ba raddau mae'r prosiect wedi caniatáu ichi dyfu eich rhwydwaith cymdeithasol yn y gymuned?

30 out of 30 people answered this question



Please describe your experiences within the project. This may be as much or as little as you wish. Disgrifiwch eich profiadau yn y prosiect. Gall hyn fod cymaint neu gyn lleied ag y dymunwch.

1. I love being outside and having a cup of tea around a fire and it feels uplifting and encourages people to aspire to look after their green spaces and connect with locals
2. My writing is not grate. I told Rob how this day helped me.
3. New skills and new friends.
4. Woodlands woodwork is wonderful! Getting involved in community projects.
5. Richard, Rob and Katie are really good people. So nice to meet people that care about the community we live in. This has shown in how committed they've all been throughout. Even during rain, wind and a little snow. We've shared laughs and learnt new skills. Developed new passion and established a great group with future ideas and plans coming up every day. It's been a very rewarding experience and one I really appreciate at a tough time. Thank you all.
6. It is getting me out of the house and doing things I enjoy.
7. Had a great time at the Small Woods session and the workshop and Plastic project with Rob. Thank you to Katie, Richard and Rob for all the work they've put in to this. Definitely deserve recognition for coming up with this and hope they're supported to keep it going. Residents definitely welcome this kind of opportunity. Diolch a Dda iawn!
8. Excellent fun and good to be outdoors... even with our inclement weather.
9. Learning new practical skills. Feeling really good about myself!
10. Great to get outdoors and back to nature. Lovely bunch and always a bonus to learn new skills.
11. I have been able to include my infant son and this has helped keep me from being isolated indoors with the baby. It has helped my mental well-being a lot!
12. I have already answered this above
13. I was coming to the end of maternity leave when I started attending these sessions. I had sometimes found it hard to get out into the community with a three-year-old son and a nine-month-old daughter, and I almost didn't go to that first session. I am so glad that I did, because it has helped my mental health enormously, opened up opportunities that I didn't know existed in the area and made me feel part of a community. That phrase, to 'feel part of a community', can seem a little overused, maybe even a little trite, but I think it's really an essential part of what it means to be human. For me, and for others in the group, those Fridays gave us a sense of purpose at a time that was difficult, and really have enhanced our wellbeing, and the quality of our lives. Beyond the specific individuals attending the sessions, projects like these also create a sense of possibility in the community. I grew up here, and returned a little over a year ago for personal reasons. I wasn't particularly excited about coming back - from before university I remembered a place that had few opportunities, and little in the way of interesting social activities. After attending these sessions, I feel proud to be part of this community of people who are so engaged, and so dedicated to making Cwmaman a better, more interesting and kinder place to live.
14. Very enjoyable
15. good fun and helpful
16. Very informative/inspiring
17. Meeting new people.
18. Really good fun, rewarding and made some great new skills and friends.
19. Most I've already said. I just hope the council do more of this work to help residents that don't do well in big groups or like sport, like drinking. This is the first social thing I've been able to do in 4 years because it's been so relaxed and happening in a place I feel comfortable.
20. I've been able to get involved in activities that I've had an interest in for many years. Since moving to the area there hasn't been anything like this so we haven't been able to do what we enjoy. This project has allowed us to do that and meet others with the same interests. I've learnt new skills and been introduced to new tools and equipment by both Richard and Rob Venus. It's really inspired us and we look forward to being part of it as it grows.
21. Learning new skills for sure, but also being able to chat with people while working; to share a cuppa and a cake. To be outside in the natural habitat.
22. Working with similar minded people.
23. Getting involved with group projects
24. Sharing community resources.
25. Great woodlands skills sessions in the park

- 26.** Met new people with similar interests and enthusiasms that has led to me learning new skills and developing new interests. It has given me some purpose and focus to help make changes locally to benefit ourselves and others. Learned about new opportunities available in the community as well as the ability to be involved in developing new ones
- 27.** Learning green woodwork skills, discovering facilities within the community, meeting new friends, getting involved with community projects.
- 28.** I feel this project has a lot of potential, many resources are being provided and everyone is made very welcome. It should be allowed to grow organically by encouraging people's existing skills and allowing them to build on those, while sharing them with others. At the same time the leaders and providers of this project should be given the support they need to make this a solid, workable and sustainable situation.